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| ENGLISH DEAF SWIMMING NATIONAL RECORDS SHORT COURSE FEMALE. |
| **STROKE** | **TIME** | **SWIMMER** | **COMPETITION** | **VENUE** | **DATE** |
|  |  |  |  |  |  |
| **FREESTYLE** |  |  |  |  |  |
| 50M | 28.80 | Hannah Fitton | Deaf National | Warwick | 21-Apr-2008 |
| 100M | 1.02.29 | Harriet Lerwill | DSE National | Sheffield | 09-Nov-2002 |
| 200M | 2.15.69 | Harriet Lerwill | International, Gent | Belgium | \_\_-Jun-2003 |
| 400M | 4.53.76 | Emma Lees | Disability Championships | London | 05-Oct-2014 |
| 800M | 10.09.72 | Jasmine Seamarks | BP 1500/800 County Qual | Basildon | **03-Dec-2016** |
| 1500M | 20.26.38 | Angela Burton Guilfoyle | ASA GB Masters | Sheffield | 24-Oct-2014 |
|  |  |  |  |  |  |
| **BACKSTROKE** |  |  |  |  |  |
| 50M | 32.90 | Jasmine Seamarks | GBDSC Championships | Nottingham | **19-Mar-2016** |
| 100M | 1.09.79 | Jasmine Seamarks | UAE Norwich Easter Meet | Norwich | **10-Apr-2016** |
| 200M | 2.31.62 | Jasmine Seamarks | UAE Norwich Easter Meet | Norwich | **09-Apr-2016** |
|  |  |  |  |  |  |
| **BREASTSTROKE** |  |  |  |  |  |
| 50M | 39.99 | Ciara Tappenden | Essex Counties | Basildon | 18-Jan-2015 |
| 100M | 1.23.82 | Lindsay Cummings | International, Poznan | Poland | \_\_-\_\_-2003 |
| 200M | 3.00.46 | Ciara Tappenden | Basildon & Phoenix Club | Basildon | **27-Nov-2016** |
| **BUTTERFLY** |  |  |  |  |  |
| 50M | 32.41 | Harriet Lerwill | International, Waregem | Belgium | \_\_-\_\_-2000 |
| 100M | 1.10.71 | Harriet Lerwill | International, Gent | Belgium | \_\_-Jun-2003 |
| 200M | 2.38.86 | Lindsay Cummings | International, Poznan | Poland | \_\_-\_\_-2000 |
|  |  |  |  |  |  |
| **IND. MEDLEY.** |  |  |  |  |  |
| 100M | 1.15.16 | Harriet Lerwill | National Meet | Alsager | \_\_-\_\_-2000 |
| 200M | 2.31.34 | Harriet Lerwill | International, Gent | Belgium | 07-Jun-2003 |
| 400M | 5.38.74 | Emma Lees | Luton Autumn Meet | U.K. | 16-Nov-2014 |
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| **4 X 50M** **FREESTLYE RELAY** |  |  |  |  |  |
| **4 X 50M** **MEDLEY RELAY** |  |  |  |  |  |
| **4 X 100M FREESTLYE RELAY** |  |  |  |  |  |
| **4 X 100M** **MEDLEY RELAY** | 5.05.15 | Sarah McCreaLindsay CummingsHarriet LerwillSarah Hunt | International, Poznan | Poland | \_\_-\_\_-2000 |
| **4 X 200M FREESTYLE RELAY** |  |  |  |  |  |
| ENGLISH DEAF SWIMMING NATIONAL RECORDS LONG COURSE FEMALE. |
| **STROKE** | **TIME** | **SWIMMER** | **COMPETITION** | **VENUE** | **DATE** |
|  |  |  |  |  |  |
| **FREESTYLE** |  |  |  |  |  |
| 50M | 27.66 | Hannah Fitton | 3rd World Championships, Coimbra | Portugal | 08-Aug-2011 |
| 100M | 1.00.99 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 09-Sep-2009 |
| 200M | 2.10.10 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 11-Sep-2009 |
| 400M | 4.35.05 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 07-Sep-2009 |
| 800M | 9.24.91 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 13-Sep-2009 |
| 1500M |  |  |  |  |  |
|  |  |  |  |  |  |
| **BACKSTROKE** |  |  |  |  |  |
| 50M | 32.46 | Sarah McCrea | 20th Deaflympics, Melbourne | Australia | 10-Jan-2005 |
| 100M | 1.11.15 | Sarah McCrea | 20th Deaflympics, Melbourne | Australia | 13-Jan-2005 |
| 200M | 2.36.88 | Emma Lees | UAE Norwich Easter Meet | U.K. | 18-Apr-2014 |
|  |  |  |  |  |  |
| **BREASTSTROKE** |  |  |  |  |  |
| 50M | 35.73 | Lauren Newton | 20th Deaflympics, Melbourne | Australia | 09-Jan-2005 |
| 100M | 1.17.41 | Lauren Newton | 20th Deaflympics, Melbourne | Australia | 12-Jan-2005 |
| 200M | 2.53.17 | Lauren Newton | 20th Deaflympics, Melbourne | Australia | 08-Jan-2005 |
|  |  |  |  |  |  |
| **BUTTERFLY** |  |  |  |  |  |
| 50M | 30.32 | Hannah Fitton | 3rd World Championships, Coimbra | Portugal | 11-Aug-2011 |
| 100M | 1.07.41 | Hannah Fitton | 3rd World Championships, Coimbra | Portugal | 12-Aug-2011 |
| 200M | 2.31.26 | Angela Burton | European Championships, Lund | Sweden | 20-Jun-1990 |
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| **IND. MEDLEY.** |  |  |  |  |  |
| 200M | 2.26.19 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 08-Sep-2009 |
| 400M | 5.22.03 | Hannah Fitton | 21st Deaflympics, Hsinchu | Taiwan | 11-Sep-2009 |
|  |  |  |  |  |  |
| **4 X 50M** **FREESTLYE RELAY** |  |  |  |  |  |
| **4 X 50M** **MEDLEY RELAY** |  |  |  |  |  |
| **4 X 100M FREESTLYE RELAY** | 4.24.87 | Harriet LerwillSarah McCreaLindsay CummingsLauren Newton | 20th Deaflympics, Melbourne | Australia | 13-Jan-2005 |
| **4 X 100M** **MEDLEY RELAY** | 4.45.67 | Harriet LerwillSarah McCreaLindsay CummingsLauren Newton | 20th Deaflympics, Melbourne | Australia | 10-Jan-2005 |
| **4 X 200M FREESTYLE RELAY** | 9.33.39 | Harriet LerwillSarah McCreaLindsay CummingsLauren Newton | 20th Deaflympics, Melbourne | Australia | 08-Jan-2005 |

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| ENGLISH DEAF SWIMMING NATIONAL RECORDS SHORT COURSE MALE. |
| **STROKE** | **TIME** | **SWIMMER** | **COMPETITION** | **VENUE** | **DATE** |
|  |  |  |  |  |  |
| **FREESTYLE** |  |  |  |  |  |
| 50M | 25.44 | Nathan Young | North West Regionals | Manchester | **06-Nov-2016** |
| 100M | 55.08 | Malcolm Green | DSE Nationals | Sheffield | 09-Nov-2002 |
| 200M | 2.01.96 | Phillip Cheverall | International Meet, Poznan | Poland | \_\_-\_\_\_-2000 |
| 400M | 4.23.60 | Phillip Cheverall | International Meet, Poznan | Poland | \_\_-\_\_\_-2000 |
| 800M | 9.08.00 | Kieran Holdbrook | Essex Senior Champs 1500 split | Basildon  | 23-Oct-2015 |
| 1500M | 17.30.94 | Kieran Holdbrook | Essex Senior Championships | Basildon  | 23-Oct-2015 |
|  |  |  |  |  |  |
| **BACKSTROKE** |  |  |  |  |  |
| 50M | 29.10 | Oliver Kenny | Norfolk County Championships | Norfolk | **21-Jan-2017** |
| 100M | 1.01.44 | Oliver Kenny | GBDSC Championships | Nottingham | **19-Mar-2016** |
| 200M | 2.15.07 | Oliver Kenny | Norfolk County Championships | Norfolk | **29-Jan-2017** |
|  |  |  |  |  |  |
| **BREASTSTROKE** |  |  |  |  |  |
| 50M | 31.66 | Oliver Kenny | Norfolk County Championships | Norfolk | **28-Jan-2017** |
| 100M | 1.11.30 | Oliver Kenny | East region Winter Champs | Luton | 07-Nov-2015 |
| 200M | 2.32.65 | Oliver Kenny | Norfolk County Championships | Norfolk | **22-Jan-2017** |
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| **BUTTERFLY** |  |  |  |  |  |
| 50M | 27.17 | Oliver Kenny | East Swimming Championships | Luton | **05-Nov-2016** |
| 100M | 59.99 | Oliver Kenny | East Swimming Championships | Luton | **06-Nov-2016** |
| 200M | 2.15.61 | Oliver Kenny | Norfolk County Championships | Norfolk | **28-Jan-2017** |
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| **IND. MEDLEY.** |  |  |  |  |  |
| 100M | 1.01.60 | Oliver Kenny | East Swimming Championships | Luton | **06-Nov-2016** |
| 200M | 2.14.41 | Oliver Kenny | Norfolk County Championships | Norfolk | **28-Jan-2017** |
| 400M | 4.49.32 | Oliver Kenny | East Swimming Championships | Luton | **06-Nov-2016** |
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| **4 X 50M** **FREESTLYE RELAY** | 1.46.24 | Malcolm GreenPhillip CheverallRichard BreenRobert Wensley | PIP Trophy | Rugby | \_\_-\_\_\_-2002 |
| **4 X 50M** **MEDLEY RELAY** | 2.14.49 | Malcolm GreenRichard BreenRobert WensleyJ Cooney | International Meet, Poznan | Poland | \_\_-\_\_\_-1999 |
| **4 X 100M FREESTLYE RELAY** | 3.52.87 | Adam PuddickRichard BreenPhillip CheverallMalcolm Green | International Meet, Poznan | Poland | \_\_-\_\_\_-2000 |
| **4 X 100M** **MEDLEY RELAY** | 4.42.87 | Matthew ClintonNathan DoggettAdam PuddickThomas Rosenfeld | International Meet, Poznan | Poland | \_\_-\_\_\_-2000 |
| **4 X 200M FREESTYLE RELAY** |  |  |  |  |  |
| ENGLISH DEAF SWIMMING NATIONAL RECORDS LONG COURSE MALE. |
| **STROKE** | **TIME** | **SWIMMER** | **COMPETITION** | **VENUE** | **DATE** |
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| **FREESTYLE** |  |  |  |  |  |
| 50M | 25.56 | Malcolm Green | 8th European, Amsterdam | Netherlands | \_\_-\_\_\_-2002 |
| 100M | 54.60 | Alastair Johnson | 15th Deaflympics. Los Angeles | U.S.A. | 13-Jul-1985 |
| 200M | 1.57.73 | Alastair Johnson | 4th European, London | U.K. | 20-Jul-1986 |
| 400M | 4.06.62 | Alastair Johnson | 4th European, London | U.K. | 21-Jul-1986 |
| 800M | 8.41.37 | Alastair Johnson | 4th European, London | U.K. | 22-Jul-1986 |
| 1500M | 16.20.60 | Alastair Johnson | 4th European, London | U.K. | 22-Jul-1986 |
|  |  |  |  |  |  |
| **BACKSTROKE** |  |  |  |  |  |
| 50M | 29.90 | Oliver Kenny | UAE Groundhog Meet, Norwich | U.K. | **07-Feb-2016** |
| 100M | 1.04.41 | Richard Breen | 20th Deaflympics, Melbourne | Australia | 14-Jan-2005 |
| 200M | 2.17.82 | Richard Breen | 9th European, Thessaloniki | Greece | 25-Jun-2006 |
|  |  |  |  |  |  |
| **BREASTSTROKE** |  |  |  |  |  |
| 50M | 31.83 | Malcolm Green | 2nd World Champs, Taipei | Taiwan | 14-Aug-2007 |
| 100M | 1.09.49 | Niall Nesbitt | 9th European, Thessaloniki | Greece | 25-Jun-2006 |
| 200M | 2.29.61 | Niall Nesbitt | 9th European, Thessaloniki | Greece | 22-Jun-2006 |
|  |  |  |  |  |  |
| **BUTTERFLY** |  |  |  |  |  |
| 50M | 27.76 | Richard Breen | 21st Deaflympics, Hsinchu | Taiwan | 11-Sep-2009 |
| 100M | 1.00.61 | Alastair Johnson | 15th Deaflympics. Los Angeles | U.S.A. | 12-Jul-1985 |
| 200M | 2.11.94 | Alastair Johnson | 15th Deaflympics. Los Angeles | U.S.A. | 15-Jul-1985 |
|  |  |  |  |  |  |
| **IND. MEDLEY.** |  |  |  |  |  |
| 200M | 2.18.17 | Malcolm Green | 2nd World Champs, Taipei | Taiwan | 15-Aug-2007 |
| 400M | 4.52.73 | Niall Nesbitt | 2nd World Champs, Taipei | Taiwan | 13-Aug-2007 |
|  |  |  |  |  |  |
| **4 X 50M** **FREESTLYE RELAY** |  |  |  |  |  |
| **4 X 50M** **MEDLEY RELAY** |  |  |  |  |  |
| **4 X 100M FREESTLYE RELAY** | 3.49.10 | Malcolm GreenRichard BreenNiall NesbittHarry Hilliar | 20th Deaflympics, Melbourne | Australia | 14-Jan-2005 |
| **4 X 100M** **MEDLEY RELAY** | 4.15.64 | Malcolm GreenRichard BreenNiall NesbittHarry Hilliar | 9th European, Thessaloniki | Greece | 23-Jun-2006 |
| **4 X 200M FREESTYLE RELAY** | 8.21.15 | Malcolm GreenRichard BreenNiall NesbittHarry Hilliar | 9th European, Thessaloniki | Greece | 21-Jun-2006 |